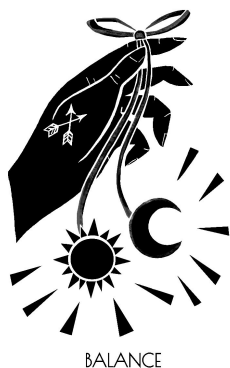




RADIATE

Positivity, Warmth, Confidence

You are ready to radiate your light to the world. This card indicates a strong positive shining energy. This could come to you as a bold and outgoing feeling, or as a quiet self-assured confidence, but either way your inner strength will shine. Harness your own inner power and let your talents, creativity and kindness flow. You may find people are being drawn to you; use this warmth and energy for joy. Share your knowledge, your skills and your heart. Stand up proudly for what you believe in and let your truth inspire. Be gracious to others. Let yourself embrace a new confidence. This is a more positive and optimistic time for you. Things are going to get better. Don't be afraid to put yourself out there: own your body, mind, spirit and inner power. This card is here to let you know you're glowing! Be authentic and let that radiate from you.



BALANCE

Stability, Flow, Equality

Life is a balancing act. Sometimes we can find ourselves struggling to juggle all of the different aspects of our lives and ourselves. If we find ourselves spending our energy too freely in one area and neglecting other aspects of our lives, this can ripple through our entire selves, leaving us off balance, tired or overwhelmed. Be careful that you are not giving too much of yourself to something or someone unappreciative, draining you, leaving you feeling empty, sad or tired. Use this as a sign to recalibrate your own life scales. If your priorities and responsibilities are weighing on you, remember that it is okay to spend time by yourself; in fact, it's a necessity! Delegate, let people help you. Say 'no' sometimes; you can't take on everything, and you do not have to. Balance your energy and resources carefully. Be adaptable and flexible, but set boundaries. You may find yourself craving more stability in some way right now, or feeling a little out of sync. It might be a good time to start exploring practices that help you center and ground yourself. There is a balance of light and dark within all of us, and one does not work without the other; accept and embrace all parts of you. Align your inner self and embrace both your sun and moon energy.



PATIENCE

Preparation, Calm, Faith

Life doesn't always work to the time scale we attempt to impose on it. Sometimes we must be patient. Use this time for quiet, peaceful contemplation: slow your thoughts. This waiting period is perfect for preparation and meditation – take a step back, breathe. The energy of the waxing moon is slowly, quietly and confidently showing a little more each day. These times are just as valuable for us as the more action based, creative, passionate energy of the full moon. Trust in the natural cycles and your time will come. Look out for the signs, follow your path, put in the work and be willing to wait. Use this period to focus on healing any emotional or mental blockages you may have been experiencing. Cleanse your mind and your environment; tie up loose ends. Get yourself relaxed and prepared, ready for your next cycle of full magical energy.



CONNECT

Communicate, Support, Share

Get in touch with the world around you, connect with your environment, and step out of your bubble. New opportunities are there for the taking. Pay attention to small signs; some things are linked in ways that will not be immediately obvious. Don't overlook new acquaintances or dismiss possible small opportunities too quickly. These seemingly insignificant new connections could lead to bigger, better, positive things in your future. Maybe you feel particularly in sync with certain groups or causes right now. This is a positive card for new friendships, creative collaborations and social projects. Reach out to an old friend, or say 'hi' to a new neighbour. Work together, share, inspire, support. Don't be afraid to put yourself out into the world a little more and branch out. You will make a good first impression right now, and people will be drawn to your open nature. Make the most of it.



INSPIRE

Create, Ideas, Passion

You are surrounded by inspiration, so let yourself absorb it. Feel the creative energy and motivation. Look to the moon and the stars; appreciate the grand accomplishment of a tree; notice the nature around you, and feel the energy of your surroundings. Create something, express yourself in any way you feel and you will naturally inspire others. Put your thoughts, words, dreams and ideas out into the universe, and be ready to receive what comes back to you. Be generous, use your natural gifts and talents, be kind and graceful. Be the person you want to see in the world. This is a great card for artists, writers, musicians, teachers and activists, or anyone with a message to put across. You can inspire just by living your life with kindness. Share your passions and projects with enthusiasm. Let yourself inspire with confidence, hope and beauty. Wear your invisible crown. This natural energy will attract the positivity and support of others.



COURAGE

Bravery, Truth, Inner Strength

The Protea flower is a symbol of courage, transformation and diversity. You too can harness your bravery and inner strength, finding the courage to be yourself, to love yourself unapologetically. You will find the courage to transform into who you really are, or who you want to be, to stand proud and true to your own self. There are many different types of protea, all beautiful yet individual. Accept that we are all different and we all have something different to offer to the world. Embrace your own diversity with pride. Assert yourself: have faith in who you are and what you can achieve. You have the calm, determined inner strength to overcome any obstacles that come your way. The courage to do things you once thought impossible is already within you. Tap into your willpower. Have conviction and follow through. Find the power within yourself and trust in your own strength. You've got this!



ABUNDANCE

Prosperity, Fulfillment, Manifestation

Your hard work is beginning to pay off! If you have been working towards a goal or manifesting your desires then this card is a very encouraging sign that you will soon be enjoying the fruits of your labour. Results will be plentiful, and you will start to see rewards for the work and positive steps you have been putting in place. This abundance could show up in the form of emotional and spiritual prosperity, or physical or financial well being. Let yourself feel pride in what you have achieved. Be grateful for what you have accomplished; be generous to both yourself and others. Remember to give back and use your privilege for good and to help others. This is a sign of a great time to come if have been working on creative pursuits, career progression, your home life or higher spiritual goals.



BEAUTY

Grace, Kindness, Truth

Often known as a representation of grace, gentleness, joy and sweetness, a pink rose can remind us all to get in touch with our softer side. Be kind and gracious to yourself and others. Let your outer beauty come from an expression of your inner truth. Be true and confident in yourself and your beauty will shine through. Be inspired by the natural beauty around you, letting yourself absorb the magic of nature, exploring new creative pursuits and passions. If you have been feeling a little uninspired or frustrated, pay some attention to your home space: do the things you are surrounding yourself with make you happy? Try to add a little beauty to your personal space: put up some art that brings you joy, treat yourself to some flowers, make a small altar of things that have special meaning to you or make you happy to look at. This is a card of romance, sweetness, inspiration, kindness, self-acceptance and inner calm.



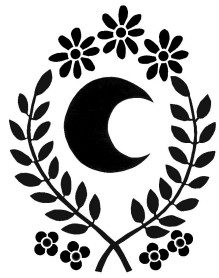
COMPASSION

Caring, Considerate, Sensitivity

Be kind and considerate. Open your heart. Give love. Remember that everyone is going through their own personal battles. Be sensitive to this and judge less. If a friend is reaching out to you, make time for them. You may be feeling quite intuitive right now, especially if you are of a naturally heightened empathetic nature. You are more receptive to others, in flow with the energy of your surroundings. Share your compassion with an open heart. Be giving. You support others and can sense their needs. You can communicate well right now because your emotional instincts are in tune. Allow yourself to also receive the compassion offered to you. You may find others reaching out to offer you their support. Accept this graciously. Allow your emotions to show. Kindness is not a weakness.

PEACE

Inner peace, Harmony, Acceptance.



PEACE

Most of us long for peace of some kind – inner peace, self acceptance, harmony between others, or just a stress free life. Sometimes these things may feel a world away for us. Work on calming your mind and loving your own true self. In times of chaos or unease it can be difficult to remain focused on our inner peace, but if you can begin to find peace within yourself you will have a much better foundation on which to welcome peacefulness into all areas of your life. That's where we should start: stop fighting with yourself, call a truce and show yourself the acceptance and love that you deserve (it's more than you think). Ground yourself, calm your energy, let go of anger. Differences you have been having with others may soon be settled. The olive tree and its branches have long been seen as a symbol of peace, spanning across continents and cultures. In Ancient Egypt, it is thought that the scent of the olive was used in rituals for its ability to bring together many different people's beliefs and values. This card reminds us to respect and value the differences of others, to be kind, welcoming and inclusive. It is a good sign if you have been struggling with family conflict, work disputes, or inner mental anguish, and it hints at a more peaceful time to come.

GROWTH

Progress, Confidence, Self Discovery.



GROWTH

Often growing to great heights, the sunflower reminds us to stand tall and take up space, to follow our dreams. Associated by many as a happy flower due to its large beautiful yellow form and obvious connections to the sun, the sunflower is a great symbol of personal growth. It has also been used to represent long life, adoration, loyalty and positivity. Seek out knowledge, wisdom and understanding. Expand your mind, work on things that will actively encourage your personal growth, whether that's through meditation, study, travel, counselling, taking up a new craft, improving on a skill or purely increasing your own feelings of worth and confidence. This is the time to start working through some personal barriers that are holding you back. Through acceptance comes growth. Embrace your inner strength and beauty, allow yourself to grow into your true self. Own your joy!

THRIVE

Flourish, Blossom, Self Confidence.



THRIVE

This is a card of active energy, inspiration, forward movement and motivation. It's a time to get things done. The universe is on your side right now and will help you to thrive in all you do so make the most of it! Full of optimism, determination and limitless potential. You are ready to embrace opportunities. Your passion and confidence will be at a high, and your goals will feel more achievable. This is a positive upbeat sign and a great time for the energetic pursuit of your passions. The cherry blossom has been known to symbolise a time of renewal, beauty, power, strength, love and passion. This card can sometimes show up to offer an encouraging nudge: you do have what it takes to thrive; if you're feeling a creative or emotional block, this will soon be coming to an end. You are ready to blossom in whatever field you choose. It's an exciting time with positive energy on your side.

ACCEPTANCE

Embrace, Acknowledge, Welcome.

Through self-acceptance you can begin not only to embrace but love who you are. Accept that which you can't change about yourself; stop seeing these things as flaws, and start looking at how these traits might be seen as positives. Accept the gifts that nature has given you. Accept both your strengths and weaknesses, and work with them, not against them. Openly and freely be ready and willing to welcome what you need in to your life. Trust in your path as life unfolds in front of you. Be mindful and be in the moment. As we go through life, times will come when we have to be willing to see a situation as it really is. Things change and endings come. It can be natural to resist this change, but sometimes you must accept things for what they really are and move on to your next chapter. Be willing to accept offers of help where needed: you don't have to do everything alone. Most importantly, accept who you are and embrace it fully!



FOUNDATION

Roots, Grounding, Beginnings.

Reconnect to your roots. This card is here to remind you of who you are and where you started from. Dig deep and get in touch with your core self. If you are feeling a little lost or confused about which decision to make or which direction to take, this card encourages you to go back to basics, to strip it back and really think of what is at the root of the situation. If you remove all the clutter, what is the true core of the matter? If you are looking for emotional or spiritual grounding, you may benefit from looking at your past, researching into your family history, or exploring your ancestry and learning about their practices. This card could also show up as a positive sign if you are embarking on a new project or relationship as a symbol of setting good foundations for the future. Lay the groundwork, plant some roots, put in the time and beautiful things may grow.



PERSEVERANCE

Persistence, Courage, Determination.

The lotus flower grows in murky waters, rooted firmly in the dirt, pushing through the dark water until it surfaces from the pond to emerge clean and beautiful as it reaches the air and proudly opens its flowers to the sun. Although at times we may feel as though we are stuck in our own muddy waters, we must persevere: keep going and keep reaching for the sun. The difficult times will pass. Do not give up. You can and will blossom again. Often it's these darker times that make us shine all the brighter when we do finally emerge back into the light. Beautiful things can sometimes come from rough conditions and difficult beginnings. The lotus petals open in the morning and close at night, repeating this cycle daily, reassessing, regenerating. The lotus has been associated with rebirth, enlightenment and self-generation. Some things are worth persisting with, despite not providing instant rewards or success. Channel your tenacity, effort, resilience, strength, determination and patience, and don't give up, you can do it!





RELEASE

Renewal, Transformation, Letting go.

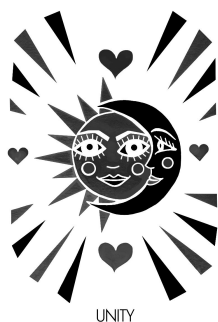
Release what is no longer serving you. Try to let go of any self-constructed negative thought patterns holding you back; free yourself from unhealthy emotional ties. You may have experienced all you needed from a certain situation, and perhaps it's time to move on, to free yourself and others, like a tree letting go of the leaves that are longer serving it in order to direct its energy inward, in order to grow and survive. This could indicate the end of a personal season for you, and therefore a new beginning. A time for change and renewal. Clear yourself from the negative feelings you may be holding on to about yourself. Just as many plants and trees let go of their leaves in autumn, we too need to renew ourselves, to strip back and let go of outgrown ideas that no longer fit in with our new stronger self. This is a card for breaking habits, for renewal and letting go of old baggage. Make space for your new adventures, opportunities and bright future.



LOVE

Friendship, Joy, Compassion.

This is a warm and positive sign, representing friendship, family, community, love for the nature surrounding you and for your fellow animals. Show love for your world, a world that may often feel harsh, cruel and unkind, but rise above it. We must avoid fighting hate with more hate; reach down and find the strength within you, the strength to remain compassionate in difficult times. It is important not to forget your self love: until you fill up your well of love and kindness to yourself, you will always be chasing this love from others. This is a card of emotional contentment, fulfillment, trust, honesty, openness, compassion, unity and harmony. Share this love with others, support them and lift them up. Trust your intuition, follow your feelings. Allow yourself to also receive love. If you are experiencing blockages in this area, look inward and ask yourself if you are stopping yourself from letting people in, perhaps through fear or past disappointments. Love is fun and free, so spend it freely.



UNITY

Harmony, Support, Collaboration.

A symbol of partnership, friendship, shared values and mutual understanding. If you are entering into a new union, this card comes as a happy sign. You may feel a calm sense of compassion and appreciation for others, a connected mindset, and a mutual respect. You could find yourself feeling particularly in tune with the greater collective consciousness and more acutely aware of wider global connections. Support others rather than competing or bringing them down. Other people's success is not a sign of your failure. Raise each other up. Stand by each other in solidarity. Working in harmony with others towards a common goal will be mutually beneficial if you harness your combined potential. Connect, collaborate and join. Spend quality time with friends. You can expect positive outcomes for group activities, teamwork or family events. Be ready to welcome in feelings of happiness, security and contentment.



TRIUMPH

Success, Progress, Pride.

You are heading towards reaching a goal or accomplishment. Even if the project isn't yet complete, you have made marked progress and can be proud of this. You are learning to harness your strengths and embrace your talents, and this will pay off with positive results. This card can point towards a period of appreciation or recognition for the work you are doing. If you have been putting the foundations in place this will soon be leading to success. This is a card of confidence, progress and pride. You have put in the work, whether it be physical, mental or emotional, and have overcome obstacles in your way. Your goals and dreams are in sight, or even expanding, as you allow yourself to branch out with newly found confidence. Own this feeling. If you have been going through a difficult battle, it should soon be coming to an end and you will grow from it. Take what you have learnt and thrive. You are ready to flourish!



RECEIVE

Gifts, Generosity, Opportunity.

Allow yourself to be open to possibilities in order to receive the gifts that nature is ready to offer you. Look out for the messages of guidance that the universe is sending your way. Appreciate your privilege but do not take it for granted. Share your blessings. If you find yourself on the receiving end of other people's generosity, accept these gifts with gratitude and grace. In the future you will be in a position to repay and give back, to pass on some of this kindness to others. Be open to receiving support and inspiration, and be willing to accept help if needed. Let go of some of the guilt you are carrying: you are worthy of the opportunities being offered to you. If you have been working hard on manifesting a goal, this is a good sign that you may soon start to see your hard work pay off and harvest the spiritual or physical rewards of your journey. You may be due to receive some good news or a positive offer or opportunity.



ILLUMINATE

Enlighten, Truth, Insight.

If certain things seem highlighted for you right now, pay attention. Truths may come to light, and you may feel you are getting closer to some of the answers you have been seeking. News or facts may come to you seemingly out of the blue which show things in a new perspective. You may now be able to see the path in front of you more clearly, or the solutions to some of your recent struggles may appear. Let your intuition guide you. Through your spiritual and intellectual clarity you could reach a breakthrough, a new way of thinking or sense of enlightenment. You may suddenly discover new options available to you, new aspects of your life or hidden depths of your personality, or possibly previously unseen character traits of someone you know. Be open minded. Share your wisdom and knowledge. This is a great time to put your creative self out there and quietly shine.



WITHDRAW

Retreat, Rest, Introspection.

It is important to allow yourself time to rest. This card is a reminder to take time out, recharge your energy and take a break! This can mean different things for different people. Whatever you need to do to allow yourself to recharge your energy, take a step back, make time for self-care, create a space for your own thoughts. Sometimes it can be beneficial to withdraw from life's daily distractions and from society's demands. Your worth is not measured by your productivity. Draw your energy inward. Retreat, rest, meditate. This card is sending you definite waning crescent moon vibes. Allowing yourself this time to retreat and tune into your inner self can lead to positive self discovery. Get in touch with your shadow self. Allow yourself the space to find the answers within you. Rest your mind and body before your next step.



DEFENCE

Boundaries, Personal Space, Self Preservation.

It is important to set, and be aware of, your own personal boundaries. Having some form of personal defense system is what keeps us healthy and alive. Don't apologise for setting your own limits and drawing a line. Stand up for your beliefs, stand up for your friends and stand up to those less fortunate or able to defend themselves. Thistles and nettles have adapted to grow sharp prickles and hollow stinging hairs as a necessary defence system in order for them to survive in nature. Both plants have also been found to have certain antioxidant properties which help the human body with its own defense system. Being 'overly defensive' is a description often used as a criticism or an insult, but it is not up to anybody else to decide how or how much you should react to something emotionally. If you personally feel your defensive instincts are particularly high for you right now, you may want to look deeper into what the root cause of this could be; are you feeling attacked in some area of your life, or lacking in personal space? Reestablish your boundaries and comfort levels, and don't apologise for protecting your personal space.



ILLUSION

Subconscious, Perception, Projection.

Things are not always as they initially appear. Look below the surface, dig deeper and assess things from another angle or perspective. Pay attention to the facts and details. Be thoughtful and logical, and use your intuition when making decisions. Research carefully and weigh up all of the information you have; avoid jumping to conclusions before assessing the overall picture. It can be easy to fall into believing a facade, or to get caught up in the idea of an imagined false image, thereby losing track of the true reality of a situation. Be aware of self-deception: be cautious that you are not unintentionally projecting past events and emotions, internal fears or negative feelings on to a present situation, and be sure that your subconscious is not clouding your intuition. Cleanse your mind and ground yourself. Relieve yourself of mental blockages to sharpen your intuition and inner guidance.



CONSTRUCT

CONSTRUCT

Build, Connect, Create.

Begin to build the first steps to a new beginning. Put down the foundations and start growing. This is a great time to work on practical projects, master your skills, start new ventures and put plans in place. Look at the finer details. Be patient, make connections, do the research and begin the groundwork. Like an intricately constructed spider web, connected almost invisibly thread by thread, you have to start somewhere; build on that, and amazing things can grow. Be open to making new connections, to collaborate with others, as different people can bring their own individual skills to a task and work together to make each other stronger. This card is full of waxing moon energy – a great time to work with constructive magic and self-improvement. Set your intentions and put in the work.



MAGIC

MAGIC

Personal Power, Enchanted, Sacred Knowledge.

This is a time to embrace your own inner magic. You are powerful. Tune in to your inner self and invoke your personal power. Explore new things, experiment with different creative outlets, learn something new or revisit a loved place. Get in touch with your shadow self. Delve into your dreams and tune in to your subconscious mind; listen to your intuition. You have the energy, skills and spiritual and emotional resources. You have everything you need within you to shine. Access the sacred knowledge you already contain to manifest your desires. Believe, create, trust, feel. Trust too in the magic around you. You may be feeling especially in tune with nature and your surroundings, and be experiencing a heightened awareness, embodying the power of a full moon. This is a good time for spells and rituals.



PROTECT

PROTECT

Guard, Prevention, Boundaries.

Lavender has been a widely used herb throughout human civilization and is often linked to having protective qualities. In certain folklore, wearing bay laurel wreaths or planting it outside your home was believed to offer protection from the sky gods, and bay leaves are still used by healers and herbalists to this day. Protection can come in a very positive form from a place of strength and good intentions. Lavender is also known for its relaxing qualities and calming scent, while bay laurel is often associated with the energy of the sun. Defence doesn't need to come from a place of fear and is not any indication of weakness. We all need a certain level of natural self-protection. Antlers are grown to offer necessary protection and evolutionary survival but are also shed and regrown in a cycle of renewal, with barriers waning, adapting and growing in strength with age. Use your own inner strength and love to build up your healthy personal boundaries. Protect from external forces, negative energies or unhealthy situations. Look out for yourself, allow time for self-care.



DREAM

Visualise, Imagination, Goals.

Let yourself dream big. Allow your mind the freedom to imagine and create. Visualise what you want from life; whether it's something small or a major goal, dreaming is the first step towards manifesting these goals into a reality. What are your desires and wishes? If you have been feeling unmotivated, allow your subconscious the freedom to branch out, to make space for new goals and dreams. Connect with your inner child: create, play and imagine, but also align with your future self and where you hope to be. Make the most of your free spirit, absorb inspiration, and let your ideas flow and grow. Also pay attention to your sleeping dreams: have there been recurring themes or symbols? Perhaps your subconscious is trying to draw your attention to something that needs resolving in your waking life.



REFLECT

Introspection, Impressions, Contemplation.

What are you reflecting back to the world? Is it an image or persona that you want to put across, is it your truth? Is it the energy that you want to see around you? It could be time to reflect on your current situation. Are you where you want to be? Are you who you want to be? Maybe you need to think over a few things and realign yourself, or perhaps you will find you are in a better place than you realise. Reflect on that for which you are grateful, on what you fear, and on those obstacles or barriers you need to overcome. Think of your strengths and weaknesses, and make sure you are working with - not against - them. Represent yourself, your beliefs and your passions in a way you can be proud of. Be authentic, show your true self. Be the energy you want to receive reflected back to you. Give back: when people show you kindness, share that with others.



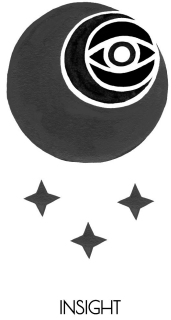
CLARITY

Truth, Vision, Insight.

If you have been in a time of haze and confusion, welcome this as a good sign. You may find it easier to ascertain the truth of a situation, or find your logic and insight sharpened, and your sense of awareness heightened. If you have been recently querying things, now is the time to get the answers. Question things you feel unsure of, seek the truth. Things may suddenly come to light that have seemed hazy up until now. It is important that you communicate directly and that your intentions are clear. Listen carefully to what you are being told, but don't be afraid to follow up on the facts. You may be extra perceptive at this time, with situations and the motivation of others appearing more clearly. First you must clear the clutter from your mind. You might like to take some time to meditate, rest and ground yourself in order to feel more clearly. This is a card of truth, knowledge and clear insightful thinking.

INSIGHT

Intuition, Awareness, Understanding.



Look within yourself for inner guidance. Things may become clearer to you on a deeper, more internal level. Delve below the surface and trust your intuition: you may already know more than you think. You may be able to perceive the truth more easily. Be open to the signs and messages coming your way. They are providing you with useful information, and you just have to be open to reading them. Perhaps you are seeing yourself in a new and different light, reaching a personal understanding and a deeper sense of self. You may feel an innate sense of understanding as you reach the subconscious outcome of a mental process. Study your own inner thought process. This card can come as a positive sign of spiritual enlightenment, psychic insight and inner wisdom. Be empathetic and understanding towards others; in return you may learn more than you thought. Your intuition is strong.

KNOWLEDGE

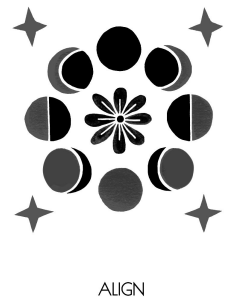
Understanding, Logic, Wisdom.



Draw on your mental power. Use your logic and intellect to help form your decisions and guide your path right now. Expand your mind, learn new things, research into new fields or further your knowledge in an existing area. Be open to embracing new ideas. Useful information may come to you from unexpected places. Make your decision by using impartial judgement and balanced unbiased understanding. People may come to you for advice or answers, which you will have in abundance, even if you don't feel like you do. Share your knowledge freely and positively in a way that supports, helps and lifts others up. Don't underestimate your natural intellectual qualities. You may find that your acquired or innate knowledge leads to positive new opportunities. Use your natural energy and enthusiasm to learn more, and to educate yourself and others. Learn, teach, listen, read, expand, inquire, enlighten. Know yourself.

ALIGN

Rhythms, Patterns, Cycles.



Life is a constant state of ebb and flow, ups and downs, highs and lows. Times of action, passion, creativity and inspiration, and times to rest, withdraw and recuperate. Get in tune with your own natural cycles. Work with your natural rhythms instead of fighting against them. Where possible, try to adapt more towards your own schedule, as squeezing into the imposed routines of society can be both physically, emotionally and psychically draining if it clashes with your own natural rhythms. Pay attention to the cycles of nature, the seasons, the stars and particularly the lunar cycle. Study your emotional thought patterns and consider how these could be affecting you physically and spiritually. Realign with your natural energy flow. If you are feeling a little lost or out of sync, this card may appear as a kind reminder to take a moment, to pay attention to your sleep routine, health, exercise routines and social commitments. Turn your energy inward to realign yourself.

TRUTH

Honesty, Belief, Faith.

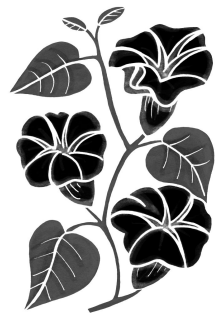


TRUST

Freesias have been used as a symbol of trust, innocence and friendship. As we make our way through life it can become all too easy to lose some of our innate ability to trust as we go through difficult experiences or let-downs. It's only natural that we can lose some of our innocence and naivety, learning lessons along the way. This can sometimes make us fearful or wary. Sometimes this card can appear to let you know it can be okay to let a few of your boundaries down occasionally. Don't let residual hurt or unresolved anger isolate you and take from you the pureness of trust. Personal boundaries and limits are important; they protect us, they are necessary, but so too is trust. Allow yourself to trust and believe, slowly and carefully. Be honest and truthful. If others put their trust in you, treat it with respect and kindness. Have faith in the universe, in life and in nature. Most importantly trust in yourself – you've got this!

JUDGEMENT

Truth, Belief, Opinions.



JUDGEMENT

Morning glory is a divider of opinions: to some, a beautiful vine flower; to many, a troublesome bindweed. Judgement can make all the difference in how something is viewed and treated, despite often being down to the eye of the beholder or the circumstance in which you are placed. The situation is what you make it. Are you shying away from who you really are or who you want to be for fear of judgement? If you are hiding your truth or restricting yourself for fear of what other people may think or what they may have to say about your choices, you are robbing yourself of your full life experience. If you are acting out of kindness to yourself and others, from a place of good will, then you need not fear the judgement of others. Be wary also that you are not forming opinions or conclusions about others unfairly. Is it your place to judge them at all? It's important to remember that people's struggles aren't always shown on the surface, so don't judge them and their journey by something you simply perceive to be their truth, and don't judge yourself by comparison. You don't know their path or they yours. If you get called into account for your actions, be ready to stand by your beliefs and values, and know that you acted out of fairness and truth.

INTUITION

Instinct, Sacred Knowledge, Inner Voice.



INTUITION

This card is encouraging you to go with your gut feelings! Pay attention to your inner voice, tap into your ancestral knowledge, get in touch with your spirit self. Follow your inner guidance. What is your subconscious mind trying to tell you? Deep down you have more of an intuitive understanding of the universe than you realise. Answers will come from within right now. Feel rather than think the way; let go of your mental blockages. Access the knowledge you already contain inside you. This is a good time for meditation, visualisation and developing your psychic skills. You may be feeling especially in tune and aware with a quiet sense of inner clarity. Whether you need to express yourself outwardly and create and share, or rest and turn inward, harness your powerful subconscious energy. Follow your own flow and trust yourself.

GUIDE

Signs, Direction, Inner Light.



Like a moth drawn to the moon, you too have your own inner light guiding you. Sometimes this light will appear clear and bright, your direction will feel obvious and your goals achievable. Other times your moon may be darker – just a small glimmer of light, making it less easy to find your way. If you are feeling in need of extra guidance, pay attention to the signs that you may have been receiving yet not registering, feelings that you can not logically explain, unusual patterns recurring in your daily life. What is your inner guide trying to tell you? Listen to your heart, your head and your instincts. Make sure these aspects of yourself are in alignment. Allow your mind to be quiet enough to hear the whispers. Pay attention to your dreams, ask for signs, and be ready and willing to receive them. Your guide may appear to you through other people; if a friend or stranger is reaching out to you, there may be a reason for this

NOURISH

Restore, Nurture, Self care.



Nourish your soul, feed your body and look after your mind. Sometimes we give so many little pieces of ourselves to others that we can end up finding that there is little left of us for ourselves. It often becomes too easy to neglect our own well-being. Allow yourself to feel all of your emotions. Cry if you need to cry, laugh if you need to laugh. Rest, recuperate and restore. Create beauty in your life. Let yourself be absorbed in art, surround yourself with music, read a book, spend time with animals, try to get out into nature, explore the woods or stand in the sea, breathe in some fresh air. Spend some quality time with people who revive you and lift you up, and enjoy the friends who make you laugh. If none of this is possible for you that's okay too. Soak in a bath, curl up with a hot drink, or have a nap; whatever you can do to feed and nourish your soul with kindness is enough. Ground your energy. Nurture yourself and your close relationships. Treat yourself!

GIVE

Generosity, Sharing, Contribution.



There come times when we will have gifts or blessings that need to be shared. You may be feeling generous or altruistic. Give kindly, this need not be of a material or physical nature, you can give your time, wisdom, love, support or even a passing kind word. Contribute where you can. Be compassionate and charitable. Offer help to others. If you find yourself in a position of abundance in one area of your life, share this blessing with others less fortunate. You can help people in so many different small ways, is somebody asking you for more space, some patience or time? It could be in your best interest to give them what they need at this time, if within your safe boundaries. Try to give back to the universe, show gratitude and look after your environment. Our world cannot survive if we do not repay back some of the care and growth. Appreciate your gifts and natural abilities. Show yourself the same love, support and kindness that you would so freely offer to others. Treat yourself well, give yourself a break. Give love, and give thanks.

WISH

Aspirations, Hopes, Dreams.

What do you hope for? What are your dreams? Allow yourself to speak your desires out loud; start manifesting your wishes. It will take patience. Remember that things take time; reaching goals and making your hopes and dreams a reality will not be an immediate process. Put in the work, focus on your path and let yourself dream. Make your wishes come true by using your own magic, your skills, talent, confidence and determination. Be affirmative and positive. Believe you can do it. Imagine your wish as a reality. Be mindful about what you wish for. Before you start blowing dandelions and hopes into the wind, be selective about what you actually want. It's easy to believe we want or need things that have actually just been imposed on us by other people and society through years of conditioning. Reach deep: what do you really want? It may be less than you think as some of our biggest wishes are for the simplest of things.

ADVENTURE

Explore, Discovery, Confidence.

You may feel suddenly able to take on the world, or at least step out of your comfort zone a little. Use this extra boost. Do something that's outside of your usual routine. Add a little more variety to your life. Chase some of the dreams that scare you. Your bold enthusiasm can be contagious. Get out there and see new things – learn more, taste more, read more, or just walk without a destination in mind. This can be symbolic of an adventurous spirit. Not everybody is physically well enough or able to explore or climb mountains, and not everybody wants to. This card is just as much a symbol of an adventurous spirit, internal exploration and emotional freedom. Let your mind open up to new concepts and possibilities, allow yourself to dream big, to explore new creative outlets. A new journey may be waiting for you. If you are feeling curious and brave, this is a sign that you are ready to start exploring this new path, and who knows where it will lead. You may feel impulsive right now, ready to act rather than think. Sometimes this is a good thing and what you need to break out of a rut. As long as you are not putting yourself or anyone else at risk, this card says go for it! Don't be surprised if opportunities arise to travel, learn a new skill or expand your mind. There could be fun new things and exciting times on your horizon.

MEMORY

Nostalgia, Lessons, History.

You may find yourself reconnecting with people from your past or revisiting an old place. Memories can be a comfort or a shackle. It's human nature to look back on things with a different viewpoint to the actual experience as it was lived at the time. Sometimes our minds can mist over the bad bits and make us long for a past situation which, in reality, didn't really exist. Other times, with hindsight, our memory may be tainted and we may project negative memories onto occasions that were pure at the time. Be careful you are not dwelling unhealthily in the past and ask: are these thoughts serving you? Are you really longing for what has been, or what could have been? If you are finding yourself thinking of things you could have done differently or times you've been wronged, use these memories, learn from them, and then move forward. Nostalgia can be a lovely thing. Sometimes it is good to get in touch with your younger self. Remember where you have come from; everything you have been through has made you the strong, wise person you are today, but you can choose which of these experiences to take with you into the future and which to release and leave in the past.

POTENTIAL

Opportunity, Beginnings, Hope.



POTENTIAL

Every oak tree starts life as an acorn, and each acorn contains just one seed. Over its lifespan an oak tree can produce as many as ten million acorns. Of those ten million tiny chances, some have the potential for magnificent growth, but an oak doesn't mourn the loss of the ones that get away, that go on instead to feed the animals and nourish the ground. Be open to new opportunities that may come your way. Things that may seem insignificant could have more potential than you are yet aware of. You have all the potential within you, you may not know where this will take you right now but know that you have the power, you have the tiny seeds of potential. Plant a few and see where they take you. Some of your ideas and plans may not work out as you expect or hope, but they may lead you to a new path; others could grow into a magnificent future, but you won't know if you don't try. If you are embarking on a new project, friendship or relationship, this card is a welcome sign. This is a good time to start things you have been putting off. Explore new experiences, experiment, have fun, be curious and see what grows. Don't let your self-doubt hold you back. You have so much potential, so harness it.

FREEDOM

Refresh, Escape, Explore.



FREEDOM

If you have found yourself longing for an escape, or feeling stifled within your daily life, this card is a positive sign. Whether you have been overworked, having relationship or family difficulties, or going through a tough mental health period, this card encourages you that a fresh sense of freedom and relief is on its way. A welcome break from whatever has been weighing you down. You are a free spirit. You are ready to embrace opportunities, start a new journey and see where life takes you. You may feel creatively free, which will bring great truth and beauty to your work. Your mind will begin to feel clearer and your spirit refreshed. This is a symbol of new beginnings, opportunity and the freedom to make your own choices. Throw the weight off your mind, rid yourself of the negative energy holding you back. Get outside, take a deep breath, embrace the cold air or soak up the warmth of the sun. Create, dream, explore, seek out adventure! The world is yours.

GRATITUDE

Thanks, Appreciation, Mindfulness.

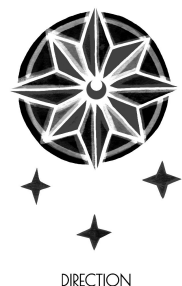


GRATITUDE

Sweet peas and bluebells have both been known to symbolise gratitude, humility and thanks. It's important to remember to regularly take a step back and remind yourself of what you have to be grateful for. However big or small these things may be, stop and give thanks. This card could come to you at a time of happiness and fulfillment. If you are experiencing a sense of contentment, enjoy this feeling, soak it up and be grateful for this stage of your life and what you have achieved. Often it appears when we are longing for those feelings, to encourage us to focus on our blessings. In the darker periods of life, it can sometimes feel as though you have little to be thankful for. In these times it is just as, if not more, important to really dig deep and find one thing you can be thankful for. Start small, let it grow. Focus on the small things, the things we take for granted. Show your gratitude to others, appreciate and return the kindness shown to you. Give thanks to nature. Appreciate what you have right here and now.

DIRECTION

Light, Guidance, Choices.



Have you lost your way or been facing difficult decisions? Look to the skies, feel your path, trust yourself. It is okay to not have everything figured out, and you need not know exactly where you are going. Your direction may not be obvious, and is unlikely to be linear, so just take it one step at a time. Listen to your instincts, weigh up your options. We can only ever make the best decision with the knowledge we have at the time. Sometimes we get lost, take a detour, or intentionally wander off our path. These decisions aren't wrong, you learnt things along your way. Don't dwell on where you have been, but focus on where you are now. Try to let go of what other people expect you to do. Advice, if well meaning, can be helpful and useful, so be open to receiving support, but remember that your route is not the same as theirs; ultimately, the direction you go in is yours to choose. Avoid making comparisons. We all take different paths, at different speeds, sometimes ending up in the same place, sometimes crossing over, but the best direction for someone else may not be the way you need to go. Look inward, listen to your inner guidance. Focus on what you want for yourself and take your own route.

IMAGINE

Dream, Explore, Create.



Imagination is an amazing gift, a fantastic tool we can use and play with as we wish. It can give us the hope and inspiration to create a brighter future for ourselves and others, the ability to create art and see beauty. The encouragement to visualise a better world. On occasion our imagination can work against us, and if we are under pressure, unaligned, or out of sync, it can become all too easy to let our mind imagine the worst. Be careful that your imagination isn't being overcome by negative thought processes. If your mind is running away from you or leading you down dark paths, turn it around and envisage all the good things that it could create instead. Remember that your imagination is your own personal dreamworld, your playground. Use it for joy, not to cause yourself pain. Why spend your time running through worst case scenarios that may never exist? Imagine beauty, peace, excitement and love. Imagine great things for yourself and you might be one step closer to believing that you can achieve them.

CLEANSE

Renew, Refresh, Clear.



Sometimes life can get on top of us. It can become easy to lose sight of our truth and fall out of touch with our core self. Cleanse yourself of energies that are draining you. If you have been putting off tasks that are weighing on your mind, do them! Clear what is slowing you down. If other people's energies have been affecting your own, take some time to ground yourself, to restore your healthy boundaries. We are constantly receiving information, both consciously and subconsciously, much of which we never asked for and don't require. As we naturally accumulate mental, emotional, physical and psychic baggage from our surroundings, it can leave us feeling tired, cluttered, sluggish and even confused. It is important to take time to actively cleanse our minds and spirits from these negative energies. Spend some time alone, away from work, technology and the bustle of people. Do something that is just for you: sit outside, meditate, dance, sleep, read, paint, cry, shout, or enjoy doing absolutely nothing at all. But give your mind the space and freedom it needs to refresh itself and regain control.

HEAL

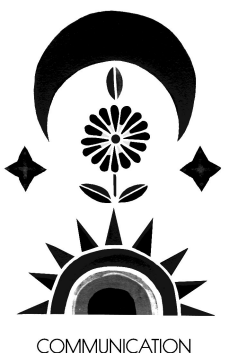
Rest, Recovery, Self Care.



Rosemary and yarrow are some of the world's oldest medicinal plants and have been used in healing since ancient times. They are here on this card to remind us that self care is, and has always been, important to our survival. If you've been feeling overwhelmed – emotionally, spiritually or physically – or if you've been experiencing a time of fatigue and mental exhaustion, take this as a sign to check in with yourself. You have possibly been dealing with the breaking down of some mental barriers, processing through some difficult emotions or revisiting past hurt. If you have been overworking and neglecting your mental or physical health, or giving too much of yourself to something or someone that is not beneficial to your wellbeing, this is a wake up call to start taking care of yourself. Be kind to yourself as you begin this healing process. Take a break, rest your body and mind, and treat yourself well. If you can, seek out nature. If needed, hibernate at home. Healing is a different process for each of us. It is a journey of many stages, so don't put pressure on yourself as it is not a race. Take all the time you need and know that you are worth the effort.

COMMUNICATION

Open, Truth, Listen.



Communicate with your inner self, and be honest with yourself about who you are and how you feel. Communicate your hopes and dreams. Speak them out loud – put them out into the universe and listen to what it's saying back. Trust your intuition and be open to subconscious messages. Once you start communicating more clearly within yourself it will become easier for you to express your feelings to others, naturally and with confidence. This will bring you the inner strength and clarity to speak your truth with pride. Share your thoughts and ideas with others. Listen carefully and considerately. Express yourself. Tune into your surroundings, get in touch with nature, feel the world around you. Check in with your friends and family. If you have been experiencing misunderstandings in a relationship or at work, this card encourages you to vocalise your concerns calmly and truthfully. Approach it compassionately and be open minded. Communicate who you are to the world clearly, proudly and boldly.

HOPE

Faith, Light, Encouragement.



Sometimes hope can come to us through the smallest of signs, like a tiny sapling sprouting through at the end of winter, the first glimmer of a new season, reminding us that there is a new beginning coming. A slice of glimmering moon in an otherwise dark sky, the tiny feeling of relief that you fleetingly allow yourself to acknowledge. Sometimes you have to dig deep to find this hope within you. In the darkest times, hold on in there, keep believing and have faith that things will change. You may be entering a new phase in your life, so be open to what may come. Approach it with a positive energy. You heading towards a brighter time. This hope can come to you in the form of a fresh sense of purpose, a renewed sense of focus or mental stability, or the spark of inspiration or an idea. Allow yourself to dream and aspire. Let this feeling uplift you. Be patient and open.



ENDURANCE

Resilience, Determination, Fortitude.

Like the waning moon waiting slowly, hiding half in the shadows but embracing the dark nights, the evergreen trees, who brave the winter forests and keep going through rain and shine, growing their leaves when others are losing theirs. This card is here to let you know that, with your inner strength and determination, you can get through it; you can not only overcome obstacles and survive, but also grow from the experience. Endurance is not about putting up with things that harm us or cause us to be trapped in a situation which is unhealthy for us, it's the power you have within to not give up on yourself, to keep going and make it out of the other side to a better place. We all sometimes go through difficult times, and our perseverance, resilience and inner strength is what helps us to endure these difficult phases to the best of our abilities. Hang on in there, your spring will come!



LUCK

Opportunity, Blessings, Manifestation.

Luck can sometimes be what you make of it. Be thankful for small blessings. Actively work towards improving your own good luck, and create the space for new opportunities to enter your life. Welcome chance encounters or offers. Improve your skills, step out of your comfort zone and be awake to your surroundings. You have to be ready to notice and appreciate potential opportunities. Approach life with a positive energy and be ready and open to receiving the same back. Start small and show gratitude. You have the potential within you for emotional fulfillment and spiritual abundance. Use your inner strength and will to manifest your goals. This card can come as an encouraging message to look out for a small helping hand offered by the universe. Things will soon be on the up for you. Speak your desires, ask for what you want, turn your dreams into a reality – luck is on your side, so look out for it!



HARMONY

Trust, Alignment, Peace.

With harmony can come a sense of wholeness and peace. You might find yourself feeling like things are finally coming together – a sense of calm and quiet fulfillment. You are coming into alignment, in flow with your surrounding energies. Ground yourself, clear your mind and focus on your inner self. Get in tune with your body, with your natural rhythms and cycles. Being in harmony with yourself will bring a confident, radiant you into the world. There could be a shared vision, a coming together, a union built on trust, mutual respect and good communication. You can find fulfillment in supporting others. Work together, embracing your differences and utilising your unique qualities and views to create something that works with everyone's strengths towards a positive outcome. Like the sun and moon, as different as day and night, separated yet linked and in sync. This is a strong card for partnerships, both professional and personal, family ties, home life, group work and emotional stability.